Introduction to Hypnosis

Power Room STEPS for Ages 5-105 by Theresa Micheletti

*Pretalk: For small children use visuals to make sure client understands the ideas – behind, device, character, superhero, column, safe, vacuum, shield...*

1. State the **ISSUE**
2. Choose a **CHARACTER**

*a. Optional --COMPANION for the journey*

3. Build the special POWER ROOM with protective Light & columns

4. Choose a **DEVICE/ZAPPER** (to shoot blue flame to neutralize the issue)

a. *Optional—choose a SHIELD*

1. Garbage **CLEANER** ( vacuum, vortex...)
2. Choose a **WALL** (bricks, steel, cement...)
3. Place issue in the **SAFE.** Locked away forever behind you.

a. *Optional BOOK OF LIFE (what you learned from experience...)*

1. **REPEAT PROCESS** 2-3 times *(Power on, expand power, expand protections plus shield)*

*[optional download Book of Life], zap to dust, cleanup, sucked behind you melng to nothing and kept locked in safe behind the wall)*

1. **TEST** to see if issue gone

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