*Please whisper your answer. Do the Angels and I have your permission to work with your energy today? Please sit or lie down with your spine straight so the Angels can enter your energy field usually behind your heart space.*

***[GROUND yourself and the client–*** *because you are raising the client’s vibration]*

Since we are going to raise our vibration today. We are going to ground to the Earth. So, think of a yourself like a tree with roots to the Earth. Think of a root going down from your tailbone to the center of the Earth and know you have a special connection point where you can attach to the Earth. Think of roots moving from the bottoms of your feet to reach down thru the Earth about 8 feet and let those roots spread out keeping you firmly attached.

*[INDUCTION]*

*[Name the unneeded emotion or issue needing to be released OR do REGRESSION to cause of issue or unneeded Emotion]*

Find a comfortable position. Breathe in positive energy, breathe out any negativity. You do not need to see, you may feel or sense or know or even see in your mind’s eye …

We are going to call on Angels to help you today. In a few moments, I will ask you if you would allow Angels to work with your energy. If so, then sit or lie down with your spine straight because the Angels will work inside you by entering thru your spine usually just behind your heart chakra.

Now, let your body begin to relax…. Take a breath and relax…..

Know you can mentally put a White Light of protection around you. Allow any negativity within or without to be neutralized by the White Light…. Think of breathing in that protective White Light…Keep a bubble of White Light around you……….

Angels are here. They are within and ready to work with you now. They are always in your vicinity. They are right behind, beside, and on all sides now and forever more. They are now ready to begin. They seek to help you with your feelings to help you with your energy passing through your vehicle. If you are willing, they are ready to begin. They find in your body cells effected by your unneeded emotion or issue. There are cells besotted with unneeded emotion. This they wish to clear. Breathe and allow. The Angels will rise. Rest and go with them. They are holding you with their wings. Just Breathe and allow. You and the Angels are rising . They are moving gently, swaying, easy. Moving upward. Come with them….. Easily you rise… above the building, above the trees, moving gently with the Angels above the clouds…. You lift…… You rise intertwined with the Angels’ energy ……moving …a breath… a breeze… You are light, a feather. You are moving gently now. …Drifting higher. The Angels find your worries and release them from you … from your energy field…. your life’s problems releasing… your life's worries…. All of these the Angels lift and release. They lift them…. Lift them from you now…. The Angels lift and separate. Feel yourself emerging from the cocoon of your habitat, from the enclosure of your being…. Lift and relieve yourself of the daily thoughts…. Leave them with the Angels. …Let those thoughts release. The Angels take them from you now…. You lift ….you are beyond this… moving higher than you have….. You float among the ….. Relax and feel the Angels’ presence here. You are supported by the Angels. All stress and strain is removed, moved from your field… worries, all tensions of what must be done… fears of non-arrival~~,~~ fears of what is coming. All does dissipate now.

All does leave your field… As the daily thoughts leave, you may rest and feel the Angels’ presence… Your horizons unlimited…. boundless in all directions now permeates your vision bringing Peace…. Envision this moment…held in your conscious awareness, this instant expands for all-time. This moment now unfolding…… Feel the peace emanating…… emanating far afield in all directions. You may rest here and find peace…. You may find the tranquility you seek in this evermore space of pause and reflection…. No tension may interrupt your being, no cause to pull you asunder, now centered,calm… forbearing relieved. Rest ….Rest here. The Angels breathe and move within yourself. The Angels gently merge with your field…. They move within. Yes, intoxicating your own field with their vibration and withdraw again…. They move within to harmonize your fields and out they move gently, a wave of light, of energy, effervescent bubbles along the spine….. Relief…. Feel yourself moving, merging with the Angels and now they enter from behind the heart chakra. Entering there. They move…. They merge within your field which accepts them. They are inside here. The Angels find your thoughts, your feelings, your many beings lined ….align with what is now. Ready to be understood. There are many yous, many times of being, many places where you have dwelt and learned this lesson… There is feeling learned this harboring of expression this was a calming satisfaction… a method by which you house yourself ,your feelings, your emotions in which you found safety and many incarnations you learned to deal with what extremes do pass by finding respite in your head apart from heart dwelling …. You found a method by which you could peruse your own field and find extremes less, pulled up. Maybe even separated from this Earth…..left it apart, a distance below and made a space in your own mind, your field, above the space not connected to ground below. You may have felt it was too disturbing there…. Perhaps a space complete within your mind, within your heights of thinking. You may have vacated that space of suffering and left it for some other time. Unwanted, it felt…. You harbored the unwanted emotion. Fear not, the Angels will not expose the self more than you are ready, more than you have prepared for... Your thought , your thinking went into this process now…..You are consulted…. you are knowing of what will pass. You are aware at the highest levels. The Angels will do what they may. They will do what they can within the parameter. They will work together with you. The Angels will find expressions dear, find a method by which you can be found. by which you can express your being in fullness. … Yes, to clear, to modify to remove those unneeded emotions which received quietly within the self. The Angels see the unneeded emotion harbored deep within your body. They find them now. Breathe and allow as they do purge them. The Angels move backwards, backwards through your being to the space you are harboring the unneeded emotion…moving back to find… to find uncovered those which tremble with their might, which have within the self, great magnetic pull. Yes, great influence upon your being. There are some… many. They find the one, the access point. The Angels are searching. They search through time. They sift through all. They see this one harbored here. The Angels find this unneeded emotion. There are several harbored locations. They're choosing. They are choosing….. They are choosing the location with the most affect most benefit to yourself. They see the location harboring, outwardly calm, but harboring unneeded emotion now within your body…. Feel it surfacing. Feel the emotion. This unneeded emotion. There are fields of that emotion to pull from. Fields to peruse to bring into being. Allow the emotion to come up. Where is the relief from this? Feel this unneeded emotion rising in your heart, allow….. It is okay to feel the unneeded emotion. Allow…. In your heart, think of the unneeded emotion, the times you have felt this emotion. Allow this rising in your being…. Open and allow the passage of this feeling. The Angels make a space. The Angels create a place within your heart of safety for your emotion. Allow this blossoming, ……this blooming of this emotion. Let it overtake yourself. It must express for a moment …bigger than you are. You must let it free. You must move it out. Yes. Do flame, it is captured. Let It grow. Let the flame grow and rise. Let it bloom for a moment…. Let it take over yourself. Let It grow beyond your field. Yes, ignite it larger now. Your unneeded emotion moves through your being. Many Lives . Many times you have felt the unneeded emotion. Let it rise, the fire, the flame and grows Ignite and let it be felt let the heat emerge from your core. Heat emerges from your core breathe into the flame, breathing into the flame. Allow……. Yes, it's movement outward thru your body. Allow, freedom….. freedom , freedom for this unneeded emotion moving up in through the neck and out. Out, out through throat chakra. Allow, allow, exhale forcibly. … Exhale forcefully. Exhale….. Force through the throat chakra. Exhale forcefully. You are doing well ….. Exhale forcefully. Breathe in, exhale, breathe in, breathe in. Air ignites the flame. You are doing well. Yes, you are doing it. You are burning, burning from within, allow this fire in from the belly. Up, Up, Up, Up into the heart space field. Send in the heart space…. Glowing out with burning embers. Move your heart space open wide. Receive, receive this unneeded emotion now. Moving up and out, out. Yes, yes the pain will stop. Exhale. exhale moving outward in all directions. You're doing well. Breathe in, breathe in…… your body must release. Release, release,… release, release. …. Relax and calm, relax and calm from within the root chakra in. Draw in light, gentle flowing, gentle flowing ribbons of forgiving, ribbons of forgiving light, purple illumination of your chakra ….root chakra, receiving pink ribbons of forgiving and forgiving light moves and forgiving light….. Trails of yellow… lights of gentle forgiveness…. allowed reception… reception of these energies moving in and out from the root chakra now. Gently they trace. They climb up and through your body being… at your second chakra. There now, moving gently higher, higher, up and through third chakra now. Gently intertwining, light and airy energies of acceptance, acceptance, … acceptance, non committing allowing. Receiving, receiving what is, ….receiving what is with equanimity.. energies rising to the heart space. Seeing all that is as it was done. Seeing all that is, as it has been …receiving light ,moving up gently. Tracing up thru throat chakra, third eye chakra, out thru crown. Gently now. Feel yourself aligning, aligning as the Angels trace, trace, trace these energies up and thru your being. Each chakra in alignment with your core. Breathe and allow your sensibilities, your sensitivity to return to ground, to neutral. The space of acceptance, of acknowledgement, of seeing what is with equanimity. Be in this space now. A tremble from within as these energies emerge and rise as an energy, yes, of acceptance. Feel the purple flow through and out in all directions. Feel its emergence, a blossom, a blooming as it moves outward from your center core, a purple illumination, filling the body being. Yes, acceptance, acceptance moves through your being. Receive it acknowledging what is. The light emerges. The pink light comes thru and soothes, allow this rising from within, the pink light rising through your chakras. Now, it blooms and moves out among your cells, a calming horizon of clarity. Feel its presence in all your cells, calming, soothing, relaxing. Feeling yourself at peace with what is. Acknowledging, accepting in peace. Yes, in peace feeling yourself settle into what you are. Down into your own habitation, following this thread of calm as you begin to descend. Calming, soothing, bodily light.

Golden yellow light arrives within your body being… feel as it spreads in all directions. Relax. The Angels taking you by the hands so gently and lead you.

They surround you with their love, with Heavenly blessings raining upon you now. The Golden yellow light fills your aura and your field. Yellow light in all directions You are aglow. The Angels calm you, bringing you down now. Allow yourself to be in folded in their midst. You are here within their wings. The Angels drift and flow and place you back into the fold of your own embrace, into this Earthly vessel. You are supported by the Angels. Breathe and renew. The Angels love you and thank you.

[***Awakening***]

1-Subconscious receding

2-Conscious coming to the foreground

3…Feeling wonderful. Fully and totally awake and ready to do whatever you need to do.…

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*Please drink water and rest if needed. Make sure you are fully back before driving.*